

## OFFICE PROTOCOL FOR COVID-19

In an effort to ensure the health and safety of our clients and community we have decided to offer remote therapy sessions only, for the time being. Sessions can be conducted by **phone or video** depending on your preference.

Please review the Telepsychology Privacy Information page under “Forms” on our website homepage. This will provide detailed information about our telepsychology services and instructions regarding home set up. You will need to sign and email this document to [karen.scarth@protonmail.com](mailto:karen.scarth@protonmail.com) or [jeff.mckillop@protonmail.com](mailto:jeff.mckillop@protonmail.com) depending on who you are seeing.

We realize remote sessions can be an unwelcome change from face to face sessions however many clients who have tried them have indicated that they were pleasantly surprised, saying the experience was better than they had expected. For now, they allow us to continue offering treatment while ensuring our collective health and safety.

We are looking forward to a resumption of normal protocols in the coming weeks, as health and safety recommendations permit.